

# *National Academy of Sports Medicine*

*has conferred upon*

**Amber Nestor**

*the certificate of*

**Behavior Change Specialist**

*with all the honors, rights, privileges, and responsibilities pertaining thereto.*

1241188093

*Certificate Number*

02/07/2024

*Completion Date*

CEUs: NASM 1.9, AFAA 19.0,  
ACE 1.6-CEP168403



*CEO - Fitness & Wellness Solutions*